

3 DAY **AUTISM RECOVERY** *Blueprint*

AUTISM RECOVERY *Success Roadmap*

Whether you're a beginner or you've been working with your child's health for years, **this blueprint will serve as the foundation for making educated decisions and knowing the necessary strategies and the safest path to get the greatest benefits possible, such as improved speech, greater focus, calmer moods, and stronger immunity.**

**GET READY TO DIVE DEEPER INTO THE
4 STAGES FOR AUTISM RECOVERY AND
LONG-TERM STRATEGIES FOR SUCCESS!**

1. Healing the Gut and Setting the Foundation
2. Natural, Safe Heavy Metal Detoxification
3. Clearing the Coinfections of Autism
4. Brain Support and Repair

STAGE 3

Clearing the Co-Infections

These co-infections are commonly missed in testing and, if found, are treated improperly. They will prevent your child from recovery if not treated properly. **Multiple infections suppress the immune system, so multiple systems must be treated.**

MOLD: The build-up of chronic inflammation in the body and brain from water-damaged buildings.

PANS: Acronym for pediatric autoimmune issues that cause the immune system to attack the brain. This is sometimes associated with strep infections.

LYME: From a tick or other insect bite, or contracted in utero this infection affects close to 100% of children with autism and mimics the symptoms of autism. (Treat Lyme before parasites.)

PARASITES: Disrupt and can destroy normal GI function. Parasites do not show up in many tests because they can make themselves invisible, so many are never treated at all. (FYI, Mouthing is usually nutritional deficiencies while nail biting is usually parasites.)

Most of these co-infections are treated improperly with nasty antibiotics that don't work against their antibiotic-resistant nature. **When not cleared properly, a child will often stay ill with gut issues, behavioral problems, inability to focus, rage and aggression, sleep and speech problems, and much more.**

STAGE 4

Brain Support and Repair

Once the toxins, inflammation, and infections are cleared, the brain can function better, but it often needs additional support to rebalance.

Also, if you're going to do speech or social therapies, this is the best time to do them because the brain can function better now. You'll also have a better idea of what's needed and what isn't, so there will be no more wasted time or expense!

PROTEIN HELPS US THINK.
CARBOHYDRATES MAKE IT HARDER TO THINK.

Brain Repair: Nutrition, natural support for brain waves, cranial bone balancing, and reducing inflammation by clearing toxins, pathogens and coinfections.

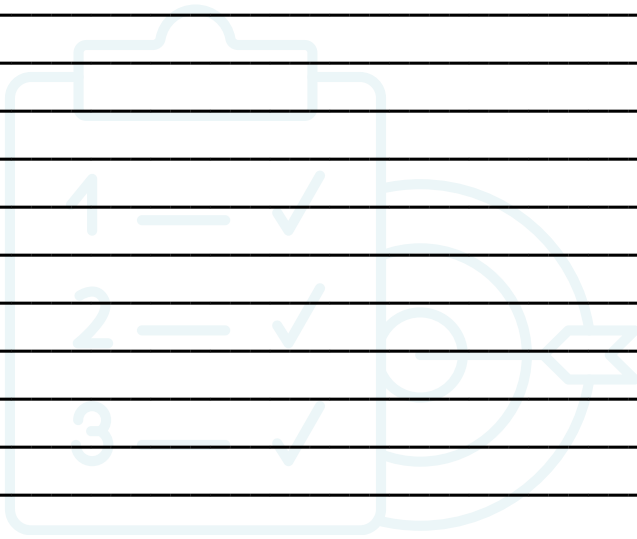
A couple of options to assist the brain are:

- Craniosacral Therapy
- Neurofeedback is used to rebalance where it becomes “miswired” during development.
- Natural brain support supplements to assist in building needed neurotransmitters (brain messengers.)

DAY 2

Action Steps

- Keep making dietary changes, and use activated charcoal, if needed. Symptoms are your guide.
- Write down your biggest take-away from today's lesson.



A series of horizontal lines for writing, with a faint background illustration of a clipboard and a target icon.

IN OUR NEXT LESSON, WE WILL BE DIVING INTO
THE SIMPLE WAY TO GET THE SUPPORT AND
CARE YOU NEED AS A PARENT WITH
A DIRECT PATH TO GUIDE YOU.

Any actions you take are done so at your own discretion. This information is not meant to diagnose, treat, or prevent any illness or disease. This is for informational purposes only. Please ask for a doctor's assistance, when needed. Some links on this download may be affiliate links, which means I may make a commission if you purchase through the link, at no additional cost to you. I only recommend products that I love and use personally or use in my practice.